

AP PSYCHOLOGY

Don Lugo High School

Welcome to AP Psychology!

I am so glad you have chosen to join one of the best classes on campus.

The following is instructions for signing up for Edmodo and Remind and the summer assignments.

Please sign into and make accounts for *Edmodo* and *Remind* within the first 2 weeks of getting this paper. All communication will be done through these two sites.

EDMODO: is an educational website that takes the ideas of a social network and refines them and makes it appropriate for a classroom; students and teachers can reach out to one another and connect by sharing ideas, problems, and helpful tips.

If you have never created an Edmodo Account, you can create a new Student Account by following the steps below:

1. Obtain a **6-digit Group Code** from your teacher— **yjbqxe**
2. Go to www.edmodo.com and click "I'm a Student."
3. Fill out the **registration form** with the Group Code, a unique username, and password. *An email address is not required to sign up for a Student Account but if you use one it will send you a notice when things are updated and due.*
4. Select the "**Sign up**" button to complete the sign up process.

If your Group Code is unlocked, you will then see the group your teacher created in the left side panel of your account. If your Group Code is locked, then you will be placed into an approval queue and you will be added to the group when your teacher approves your request.

REMIND: Remind helps me keep you informed about classroom activities and assignments. Remind is a communication tool that helps teachers connect instantly with students and parents. Quick, simple message can be sent to any device. We'll be able to stay in touch without revealing our personal contact information. Signing up for messages on Remind is easy.

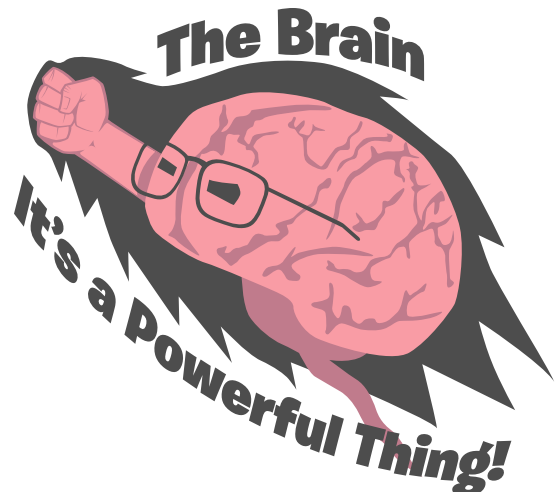
Please join AP Psychology 16 – 17

To receive messages via text, text **@3gd67 to 81010**

Questions to Think About Before We Begin

1. Why are you taking this class? Do you want to learn about psychology? Are you ready for a “college level” class? Are you serious about preparing for and taking the AP Exam in May? Would the regular psychology class better suit your goals?
2. What are your priorities? Are academics near the top of the list, or are you more concerned with athletics, social life, a part-time job, entertainment, and so on?
3. How much time will you need to devote to this class? This will depend on your own strengths and weaknesses. A rule of thumb suggested by many colleges is to spend two to three hours working outside of class for every hour you spend in class. Since most college courses meet three hours a week, this translates to about six to nine out of class hours per week. You will need to take academic responsibility for this class. Are you willing to make this commitment?
4. Are you a strong reader? In terms of course assignments, nothing will occupy more of your time than reading and studying the text. Research has shown that the strongest prediction of success in high school AP classes is reading ability. If you are a good reader, you have a distinct advantage. If you are not a strong reader, know that it is going to require extra time and effort to compensate for that weakness.
5. What is your motivation level? Your level of motivation is much more important than your ability level. If you want to succeed in AP Psychology and you are willing to put in the necessary effort, you will succeed. Attitude, study skills, determination, and discipline count for more than intelligence toward your success in this class.

After considering the above, if you have any questions, concerns, etc. as to whether AP Psychology is the course for you, please see me ASAP.



AP Psychology Summer Assignments and Reading 2016-17
Don Lugo High School
Ms. Carpentier

PART I – Forty Studies That Changed Psychology

1. THE BOOK

Forty Studies That Changed Psychology, Sixth Edition, Roger R. Hock

This book will introduce you to some of the most classic studies in the history of psychology. It is divided into ten thematic units. I have chosen some specific readings from each section for you to review.

YOU HAVE SEVERAL OPTIONS FOR THE BOOK—EACH READING IS AVAILABLE AS A PDF ON EDMODO—HOWEVER, YOU ARE WELCOME TO BUY A COPY FROM AMAZON OR ANOTHER USED BOOK SELLER IF YOU PREFER TO HAVE ONE. (If you do buy one, then please buy the 6th Edition.)

I ALSO HAVE A LIMITED SUPPLY OF COPIES IN MY ROOM IF YOU WOULD LIKE TO CHECK ONE OUT—THIS NEEDS TO BE DONE BEFORE WE LEAVE FOR SUMMER.

PLEASE NOTE—YOU ARE NOT REQUIRED TO BUY THE BOOK, AS IT IS AVAILABLE ONLINE.

2. THE ASSIGNMENT

A. Read the seven assigned 40 Studies.

Read them well and closely, as we will refer to them during the course of the year. We will be completing the other studies during the year but feel free to “preview” them over the summer if you have time.

Here are the studies you will be reading:

Chapter I -- Reading 6: TO SLEEP, NO DOUBT TO DREAM

Chapter II -- Reading 8: ACTING AS IF YOU ARE HYPNOTIZED

Chapter III -- Reading 12: SEE AGGRESSION...DO AGGRESSION!

Chapter IV -- Reading 14: JUST *HOW* ARE YOU INTELLIGENT?

Chapter V -- Reading 19: HOW MORAL ARE YOU?

Chapter VIII -- Reading 31: LEARNING TO BE DEPRESSED

Chapter X -- Reading 38: THE POWER OF CONFORMITY

B. Complete the “Forty Studies That Changed Psychology” Analysis Page.

Complete one analysis page for each assigned reading -- be sure to follow the instructions closely. There are word limits on some of the questions. **(See attached analysis page at end of packet.)** You have the option of printing the forms out from Edmodo and writing on them or copying the format on your own paper. **Answers must be handwritten!**

C. Quiz.

There will be a **quiz** on the studies that I have assigned you on the Friday of the week we return to school. While not required, I would recommend that you take notes on each study in your notebook in addition to the Analysis Page. It will be another way for you to prepare for the quiz. The extra notes are optional.

D. Reaction Papers.

In addition to reading the specific 7 Forty Studies listed, you will need to select **2** of them for specific written reactions. Each reaction paper needs to be typed MLA formatted and about 2 pages long. **(The prompts follow).**

Choose only two for reaction papers!

Chapter I -- Reading 6: TO SLEEP, NO DOUBT TO DREAM (p. 42-49)

Watch one of the following TED talks (or both if you want). Summarize briefly what the talk was about. What is your reaction to the video? How does the video relate to the Forty Studies reading you did?

https://www.ted.com/talks/jeff_iliff_one_more_reason_to_get_a_good_night_s_sleep?language=en

http://www.ted.com/talks/russell_foster_why_do_we_sleep#t-808431

Chapter II -- Reading 8: ACTING AS IF YOU ARE HYPNOTIZED (p. 56-64)

Briefly discuss the history of hypnosis from Mesmer to Spanos. Have you ever been part of or witnessed a demonstration of hypnosis? What is your impression? Elaborate on your opinions regarding hypnosis and give reasons why you may agree/disagree. Cite 3-5 points within Spanos' research to support your points.

Chapter III -- Reading 12: SEE AGGRESSION...DO AGGRESSION! (p. 85-92)

After reading this study, discuss whether watching violence/aggression on TV should or should not be monitored more closely by parents. In your response be sure to cite 3-5 areas within this study to support your points.

Chapter IV -- Reading 14: JUST HOW ARE YOU INTELLIGENT? (p. 100-109)

Outline each of the seven intelligences discussed by Gardner. Go online searching for "tests of multiple intelligences". Take the test and print out your results. What area(s) did you score high/low? What value is there in learning about multiple intelligences? Cite reasons within the reading that supports your statements.

Chapter V -- Reading 19: HOW MORAL ARE YOU? (p. 143-150)

Review L. Kohlberg's hypothetical moral dilemmas (The Brother's Dilemma and the Heinz Dilemma) and offer your response to each. Now, ask two children and two adults of different ages how they would respond. How would their answers/reasoning be reflected in Kohlberg's levels of moral development? Which specific stage?

Chapter VIII -- Reading 31: LEARNING TO BE DEPRESSED (p. 242-249)

What does Seligman mean when he coined the phrase *learned helplessness*? Can you describe some situations when this may have occurred in your life and in those of some people you know? How does this coincide with the nursing home study? (Reading #20) What advice or practical suggestions (5-6) do you have to offer to someone who is experiencing depression due to this condition?

Chapter X: Reading 38: THE POWER OF CONFORMITY (p. 295-300)

Discuss some examples of ways that individuals conform in our society. In what ways do YOU conform? Explain. How do your reasons compare to those listed in the discussion section of this reading.

You are expected to have this work completed by the first day of classes. The completed assignments will constitute your first homework grade. An in-class quiz on all seven studies (and introductions) will also be given during the first week and you will be allowed to use your notes. This will be your first quiz grade. Specific dates will be announced upon our return to school.

PART 2 – The Textbook, Psychology, David G. Myers, Ninth Edition

Notebooks

Each student is to have a multiple subject spiral bound notebook (I think they are called 5-subject notebooks) and bring it to class each day. Notebooks may be collected at any point in the year so please keep them as neat as possible. Along with reading the textbook, taking notes is the primary way you will learn psychology. The points below may help you in your note taking.

HOW TO TAKE NOTES -- This is a general guideline on note taking

- Take complete, dated class notes.
- Your notes should be more than just what items are listed on the blackboard or screen.
- Put the notes in your own words. Don't write down something you don't understand without further investigation or asking about it.
- Leave some blank spaces on each page to make additions and/or clarifications.
- Review your class notes each day while they are fresh in your mind. Expand them, clarify them, and add examples so they will make sense when you go back to study them later. Note anything that doesn't make sense and ask questions in class the following day.
- Before class look over the notes from the proceeding class. This is especially important if a topic is presented over multiple days.
- If you are absent on class note days, you are responsible for obtaining the notes from other students.

1. The TEXTBOOK assignment

Read and take notes on The *Prologue* – The Story of Psychology. The Prologue is posted as a PDF on Edmodo.

On the right side of your multiple subject spiral bound notebook, take notes on The Prologue. The chapter is posted on Edmodo. You do not need to print out the chapter or even download it—you can preview it on your computer or phone.

- For each major section, please write down the heading of that section and then the pertinent info for that section. Do it in a manner that makes sense to you and that will help you study later.
- You may write down vocabulary as part of your notes, but the notebook shouldn't just be filled with vocab and definitions.
- Don't forget to look at the pictures, graphs and charts—sometimes pertinent info is in these. If so, then write it down.
- Each section has a “Before You Move On...” question(s)—linger on these questions—can you answer them with what you wrote in your notes? If not, then go back and make sure you put that info into your notes.
- Students always ask me—How many notes do we need? There is no good answer—you need as many as it takes to get the main points of the chapter. Use your common sense. If you only have one page of notes for 20 pages of reading, then you probably aren't being thorough enough.

